



→ ICE BREAKER

What are some lies or misconceptions you've been tempted to believe about singleness?

Is it tough to embrace being single for you? Why or why not?

→ EMBRACE IT

Embrace this season that you're in. You get to do whatever you want to do.
Live in it Don't try to just get through it.
Thrive, don't survive!

I would like you to be free from concern. 1 Corinthians 7:32a (NIV)

What does "free from concern mean"?

I would like you to be free from concern. An unmarried man is concerned about the Lord's affairs—how he can please the Lord. 33But a married man is concerned about the affairs of this world—how he can please his wife— 34and his interests are divided. An unmarried woman or virgin is concerned about the Lord's affairs: Her aim is to be devoted to the Lord in both body and spirit. But a married woman is concerned about the affairs of this world—how she can please her husband. 1 Corinthians 7:32-34 (NIV)

What does Paul mean by his/her "interests are divided"?

You want to go on a trip? Go on a trip!
You want to join a group? Join a group!
You want to go on a mission trip? Go on a mission trip!
You want to move? Move!
God is leading you to start something? Start something!

Nothing and no one is stopping you. Your interests aren't divided.

→ TABLE DISCUSSION

Why would it matter if your interests are divided?

What are some things you love doing right now in your life?

What are some things you'd like to do?

Is anything stopping you from doing any of these things?

→ DEVOTION

I am saying this for your own good, not to restrict you, but that you may live in a right way in undivided devotion to the Lord. 1 Corinthians 7:35 (NIV)

What does it look like to have undivided devotion to something?

→ TABLE DISCUSSION

How can singleness be a season of undivided devotion to the Lord?

Are there specific ministries that God might be preparing for you in this season?

What's holding you back from going all in for God?

